

LIVE
ACTIVITY



20th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

State of the Art Management

Course Directors

Robert P. Hirten MD

Associate Professor of Medicine &
Artificial Intelligence and Human Health,
Associate Program Director of the
Inflammatory Bowel Disease Fellowship

Jean-Frédéric Colombel MD

Professor of Medicine, Director of The
Clinical Susan and Leonard Feinstein
Inflammatory Bowel Disease Center,

Marla Dubinsky MD

Professor of Pediatrics and Medicine,
Chief of Pediatric Gastroenterology
Co-Director of The Clinical Susan and
Leonard Feinstein IBD Center

Asher Kornbluth MD

Clinical Professor of Medicine
Icahn School of Medicine at Mount Sinai

James F. Marion MD

Professor of Medicine,
Director of Education and Outreach
The Susan and Leonard Feinstein
Inflammatory Bowel Disease Center

Co-Directors

Maia Kayal MD

Assistant Professor of Medicine
Icahn School of Medicine at Mount Sinai

Ryan C. Ungaro MD

Associate Professor of Medicine
Icahn School of Medicine at Mount Sinai

Friday, February 28, 2025

Davis Auditorium
Hess Center for Science and Medicine
1470 Madison Avenue
New York, NY

Sponsored by: The Dr. Henry D. Janowitz Division of Gastroenterology
Department of Medicine, Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com/IBD2025>



Mount Sinai Inflammatory Bowel Disease Consultant's Course: State of the Art Management

Course Times: 8am – 3:45pm

1. Course Introduction (8:00-8:05)- Robert P. Hirten MD

1. State of the Art Medical Therapy (8:05-9:15)- **Saurabh Mehandru MD**
1. Innovating: A Fast-Track Review of New IBD therapies (20 minutes)- **Bruce E. Sands MD**
2. Mastering: Positioning and Sequencing IBD Treatments (20 minutes)- **Marla Dubinsky MD**
3. Optimizing: Early Intervention, Personalized Treatment, Rational combinations (20 minutes)- **Ryan C. Ungaro MD**
4. Q and A- (10 minutes)

2. IBD Insights: Cutting-Edge Monitoring (9:15-9:50am)- Elana Maser MD

1. Intestinal Ultrasound in IBD (15 minutes)- **Michael Dolinger MD**
2. To wear(able) or not? (15 minutes)- Disease monitoring of the future (15 minutes)- **Robert P. Hirten MD**
3. Q and A- (5 minutes)

BREAK (9:50-10:00am)

3. Putting it Together (10:00am-11:05am)- Jean-Frédéric Colombel MD

1. Panel Discussion (30 minutes)- (**Moderators: Jean-Frédéric Colombel, Bhavanna Rao**) **James George, Asher Kornbluth, Marla Dubinsky, James F. Marion, Bruce E. Sands**
2. Lloyd Mayer Lecture – 40 Years of IBD Therapy: Revolution or Evolution? (25 minutes)- **Stephen Hanauer MD**
3. Q and A- (10 minutes)

BREAK (11:05-11:15am)

4. Managing Complex IBD Patient: An Update (11:15-12:40 pm) Moderator- Peter Rubin MD

1. Updates in Perianal Crohn's Disease (15 minutes)- **Serre-Yu Wong MD**
2. The Refractory Crohn's Disease Patient (15 minutes)- **Louis E. Cohen MD**
3. The Challenging J-pouch (15 minutes)- **Maia Kayal MD**
4. Acute Severe Ulcerative Colitis (15 minutes)- **Asher Kornbluth MD**
5. PSC and IBD: Management and Updates (15 minutes)- **Alexandra Livanos MD, PhD**
6. Q and A- (10 minutes)

LUNCH (12:40-1:25pm)

5. Special Situations: The 10 Pearls of IBD (1:25-2:50 pm) Moderator- Adam Steinlauf MD

1. IBD and IBS overlap (15 minutes)- **Laurie Keefer PhD**
2. Management of IBD in Pregnancy (15 minutes)- **Marla Dubinsky MD**
3. Nutrition in IBD: Updates in Management (15 minutes)- **Stephanie Gold MD**
4. Considerations in Pediatric IBD (15 minutes)- **Elizabeth Spencer MD**
5. Q and A- (10 minutes)

BREAK (2:35-2:45pm)

6. IBD 2024: Breakthroughs and Insights (2:45-3:30pm) Moderator- Jean-Frédéric Colombel MD

1. Updates from 2024 National & International Meetings (20 minutes)- **James F. Marion MD**
2. IBD Inside Out: Bring Your Questions Q&A Live Session (25 minutes)

WRAP UP (3:30pm) Robert P. Hirten MD

Mount Sinai Inflammatory Bowel Disease Consultant's Course: State of the Art Management

Program Goals

The 20th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course will provide an in-depth review of strategies for participants to better diagnose, classify and achieve remission in patients with Inflammatory Bowel Diseases. State-of-the-art lectures will be given by expert faculty on optimizing therapies, innovative treatment, and epidemiology of IBD. This onsite activity and live webinar will include panel discussions, discuss the positioning of new medications, and provide an opportunity for attendees to present their own questions and challenging clinical scenarios. The goal is to meet the needs of our IBD patients by addressing sub-optimal disease control, preventable disease complications, and the potential negative consequences of therapy, such as serious infections and cancer.

Program Objectives

At the conclusion of the conference, the participants will be able to:

1. Describe the use and positioning of new medications approved for the treatment of IBD.
2. Describe treatment options for special populations including pregnant patients and patients with penetrating sequelae.
3. Describe appropriate implementation of therapeutic drug monitoring and treat-to-target approaches in clinical practice.
4. Identify the rationale for positioning of biologic therapies for Crohn's disease and ulcerative colitis.

Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care

Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care Physicians, PAs and other healthcare professionals caring for patients with IBD or colorectal cancer.

Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Course Location

Davis Auditorium
Hess Center for Science and Medicine
1470 Madison Avenue, New York, NY

Parking & Directions

Parking is available on East 99th Street between Madison and Park Avenue. Directions: www.ichn.mssm.edu/about/visiting

Registration Fees

Physicians	\$125.00
Allied Health Professionals	\$100.00
Residents & Fellows	Complimentary

Online Registration

<https://mssm.cloud-cme.com/IBD2025>

Hotel Accommodations

Please contact Denise Newman at (718) 835-4911 or email dnew229@aol.com.

Special Needs

Icahn School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend and require any special accommodations, please contact The Page and William Black Post-Graduate School at (212) 731-7950.

For additional conference information, please call the **Office of CME: (212) 731-7950** or email: cme@mssm.edu.

REGISTRATION

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Hess Center for Science and Medicine

1470 Madison Avenue, New York, NY

Register Online

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Allied Health Professionals	\$100.00
Residents & Fellows	Complimentary

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit www.ichn.mssm.edu/cme/courses to register and pay by credit card: Visa, MC, AMEX.

Cancellation policy

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by February 14, 2025. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.

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Guest Faculty

Stephen Hanauer MD

Clifford Joseph Barborka Professor
Professor of Medicine
Northwestern University
Feinberg School of Medicine

**Icahn School of Medicine
at Mount Sinai Faculty**

Louis J. Cohen MD

Assistant Professor of Medicine

Michael Dolinger MD

Assistant Professor of Pediatrics

James George MD

Clinical Instructor of Medicine

Stephanie Gold MD

Instructor of Medicine

Laurie Keefer PhD

Professor of Medicine and Psychiatry

Alexandra Livanos MD, PhD

Instructor of Medicine

Elana Maser MD

Assistant Professor of Medicine

Saurabh Mehandru MD

Professor of Medicine

Bhavanna Rao MD

Assistant Professor of Medicine

Peter Rubin MD

Associate Clinical Professor of Medicine

Bruce E. Sands MD

Dr. Burrill B. Crohn Professor of Medicine
Chief, Division of Gastroenterology

Elizabeth Spencer MD

Assistant Professor of Pediatrics

Adam F. Steinlauf MD

Professor of Medicine

Serre-Yu Wong MD

Assistant Professor of Medicine